

Concentration Courses

Cognitive Psychology

This course is an in-depth exploration of human cognition and relies heavily on experimental research designed to test models and theories of cognitive processes. It will explore both behavioral and neuropsychological approaches to data and theory. Topics may include attention, perception, multiple memory systems, encoding and retrieval processes, and the roles of knowledge, language, emotion, and reasoning.

Brain & Behavior

This course offers an introductory overview of the functioning of the nervous system and how that functioning relates to behavior and experience. Students will have an introduction to the structure and function of the neuron, the synapse, and the anatomy and organization of the nervous system. Additional topics may include how the brain is influenced by drugs and hormones; how it mediates sensation and perception; the brain's role in maintaining homeostasis; how the brain directs movement; and the brain's role in cognition and emotion. There will be a focus on the interplay of genetics, physiology, and the environment in influencing behavior and mental processes. Implications of the field for the understanding and treatment of neurological and mental disorders may also be explored.

Psychological Research Methods

This is an advanced study building upon a previous course in experimental psychology. Students will use their previous learning in experimental psychology, the methodological process of building research projects and practical steps during research, to generate their own experimental research design and to critique experimental research.

Cultural Psychology

Cultural psychology is the comparative study of cultural effects on human psychology. It examines psychological diversity and the links between cultural norms and behavior. It will examine the ways in which particular human activities are influenced by social and cultural forces. Students can expect to develop a broader, global perception of contemporary psychology. Activities are intended to explain current psychological knowledge and its applications from a cross-cultural perspective. Additionally, this course will assist in developing a useful set of critical-thinking tools with which to analyze and evaluate psychology from various cultural perspectives.

Field Placement (Internship)

This advanced-level course examines and integrates regular on-going formal learning activities with related work experience during the normal semester period. The main purpose of this applied learning activity is to engage students in a professional setting pertinent to her/his concentration and career goals. The internship provides the unique opportunity, therefore, to combine theory with practice.

Abnormal Psychology

This course deals with emotional and mental disorders. It will cover the dynamics, etiology, prevention, and treatment of psychological disorders (such as mood disorders, anxiety disorders, personality disorders, psychotic disorders, and other abnormal personality patterns). Students will gain an understanding of major theories, concepts of psychopathology, and methods of diagnostic classification.

why choose this programme

Highly Qualified Academic Staff

Our team comprises professors from prestigious universities with extensive experience both in Greece and internationally

Diverse Concentrations

Choose from multiple concentrations to tailor your degree to your interests

Exploratory First Years

Sample various courses in the first two years before selecting your concentration

Comprehensive Education

Broaden your knowledge with a diverse General Education curriculum

Program Flexibility

with full-time or part-time studies

Adaptable Pathways

Change your concentration during your studies to better align with your evolving career goals



“ The Psychology program is both rigorous and adaptable, providing a strong foundation for various career and educational paths. For those entering the workforce directly, this degree offers comprehensive preparation for numerous specializations within the field of Psychology. Graduates of the NYC/Empire State College undergraduate program have diverse career options, including roles as psychologists, child care specialists, learning difficulties experts, human services professionals, personnel analysts, and psychometric development specialists. The Bachelor in Psychology program at NYC not only equips students for advanced studies in these areas but also serves as a solid foundation for careers involving interpersonal interactions across a range of fields.



Apply Now!

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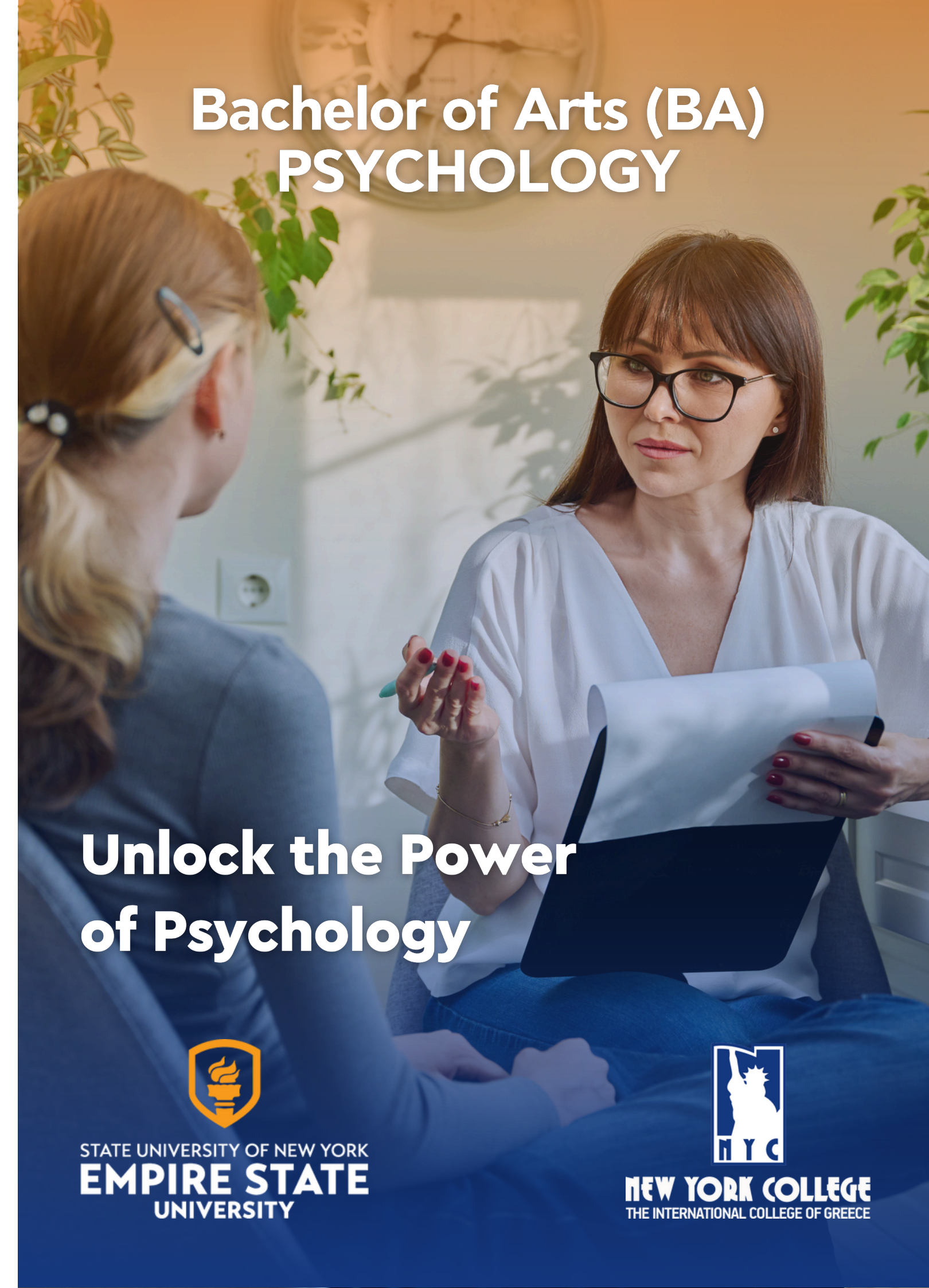
UNIVERSITY OF NEW YORK
IN PRAGUE (UNYP)
PRAGUE



NEW YORK COLLEGE
THE INTERNATIONAL COLLEGE OF GREECE
The LEADING College
of University Studies in Greece:

The ONLY Greek College with expertise in founding and operating Private Universities in Europe!

Bachelor of Arts (BA) PSYCHOLOGY



Unlock the Power of Psychology



STATE UNIVERSITY OF NEW YORK
EMPIRE STATE
UNIVERSITY



NEW YORK COLLEGE
THE INTERNATIONAL COLLEGE OF GREECE

The **Bachelor of Arts (BA) in Psychology** program, offered by the State University of New York - Empire State University, U.S.A. at New York College in Greece, provides students with a deep understanding of how the brain, behavior, and environment interact.

UNDERSTAND MINDS, SHAPE FUTURES

Students will explore the development of cognitive, emotional, and behavioral problems and learn effective intervention strategies. They will also study how people interact with their surroundings and how these interactions shape personality within various interpersonal, social, and cultural contexts. The program covers the fundamental characteristics of the scientific method as applied to psychology and emphasizes adherence to the APA Code of Ethics in the design, data collection, interpretation, and reporting of research involving human and nonhuman participants. Students will be trained to seek and evaluate scientific evidence for psychological claims, understand core psychological values, and apply psychological knowledge, skills, and values in diverse professional settings.

CONFLICT RESOLUTION



CRITICAL ANALYSIS



COUNSELLING SKILLS



EMOTIONAL INTELLIGENCE



MANY CAREER PATHS



“ As an alumnus, my key advice is to follow your dreams and create your own path if necessary. My Bachelor in Psychology from SUNY-ESU was instrumental in shaping my success.

Initially, I was studying Italian Language and Literature and working as a tutor when a pivotal moment led me to explore how the brain learns and perceives art. This fascination guided me to SUNY, where I could tailor my studies to my interests, leading to a cum laude graduation and opportunities abroad.

Currently, I balance roles as a Junior Lecturer at the University of Amsterdam, a PhD Candidate at the Open University of Catalunya, and the owner of Wellness Improved, a business focused on Health Coaching and Behavior Change. The skills I developed in NYC, from research to presentation, have been crucial in both my academic and business endeavors. Remember, all skills are transferable and psychology’s applications are vast. Embrace learning and connect the dots to forge your own path.

Sofia Balali

Junior Lecturer University of Amsterdam and PhD Candidate Behavior Design Lab UoC, Behavior Change Consultant SUNY- ESU Graduate, New York College



CURRICULUM

General Education - 30 credits	
<i>You must take these 6 courses = 18 credits</i>	
1	Intro to College Reading and Writing
2	Effective Reading & Writing
3	Math
4	US History
5	Biology
6	Diversity course (Cultural Psychology)
<i>Select 3 of the following 5 areas = 9 credits</i>	
1	Social Science course
2	Western Civilization course
3	Other World Civilizations
4	Humanities course
5	Arts course
<i>Take 1 course from any category = 3 credits</i>	
	GenEd elective course

Empire State University Concentration Courses- 32 credits	
1	Cognitive Psychology
2	Brain & Behaviour (prereq Biological Psychology)
3	Social Sciences Research Methods SOSC (prereq Statistics for Psych)
4	Cultural Psychology
5	Field Placement, Research Placement, Counseling internship
6	Abnormal Psychology (prereq Biological Psychology)

Programme Duration:
Full time: 4 years, Part Time: 5-6 years

New York College Concentration Prerequisites	
1	Introduction to Psychology
2	Gerontology
3	Human Development: Introductory
4	Theories of Personality
5	Biological Psychology (prereq. Biology)
6	Psychological Testing
7	Social Psychology
8	Statistics for the Social Sciences
9	History & Systems of Psychology

Elective credits (either 3 or 4 credit)	
Learning and Memory	Media Psychology
Organizational Behavior	Western Civilization & Human Development
Psychology of Aging	Introduction to Race Class & Gender
Human Exceptionalities	Positive Psychology
Attachment across the lifespan	Trauma & Stressor-Related Disorders
Development & Meaning of Play	Educational Psychology
Development of Gender Identity	Health Psychology
Persuasion	Psycho-social Issues Crim. Behav.
Addiction	Evolutionary Psychology
Counseling Psychology	

STATE UNIVERSITY OF NEW YORK Empire State University, U.S.A.

The STATE UNIVERSITY OF NEW YORK is the largest university in the United States with 64 campuses and 400,000 students. Empire State University is one of the 64 colleges and universities of the STATE UNIVERSITY OF NEW YORK with approximately 20,000 students each year. STATE UNIVERSITY OF NEW YORK - Empire State University (SUNY-ESU) offers fully accredited undergraduate and graduate programs as well as professional degrees. Founded in 1971, it is internationally renowned for its flexible and innovative programs. The Department of International Programs at STATE UNIVERSITY OF NEW YORK - ESU collaborates with educational institutions around the world to serve undergraduate students. Students participate in classroom and online courses in Athens, Thessaloniki and Prague (Czech Republic).

New York College has a franchise agreement under the Greek Ministry of Education legislation and the degree you will receive at the end of your studies is awarded by the University itself.



Aerial view of the central administration building of the STATE UNIVERSITY OF NEW YORK in Albany, NY c.1980