

Student Clubs & Activities

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STUDENT CLUBS & ACTIVITIES 2023-2024



We are thrilled to welcome you to a vibrant and enriching community that offers a wide array of student activities, athletics, and clubs, designed to make your college experience unforgettable.

During your time at New York College, you will have a wide range of opportunities to discover your passions, make lifelong friends and create unforgettable memories. To help you make the most of your college life, we encourage you to dive into the wealth of student activities, athletics, and clubs that our campus has to offer.

Student Activities: Our Student Affairs team has meticulously curated a diverse range of activities to cater to a wide spectrum of interests. As a member of NYC family, you will be able to attend social events, explore cultural celebrations, and get involved in volunteer opportunities that will not only enrich your college experience but will also help you grow as an individual.

Athletics: If you're a sports enthusiast, you're in for a treat! New York College boasts state-of-the-art facilities and competitive sports teams. Whether you're an aspiring athlete or just looking to stay active, you can join our intramural sports programs, cheer on our varsity teams, or even participate in recreational sports. It's a great way to stay fit and build teamwork skills.

Clubs: With over 8 clubs and hubs on campus, you're sure to find one that piques your interest. From academic and professional clubs to hobby-based groups, there's ample opportunity to connect with like-minded peers, learn new skills, and make a difference in the world through various student-led initiatives.

We encourage you to explore these opportunities to the fullest, as they not only enhance your college life but also provide valuable experiences for personal growth, skill development, and networking.

To get started, visit <u>www.nyc.gr/student-clubs</u> to find a comprehensive list of student organizations, sports teams, and upcoming events.

Here's to a remarkable and fulfilling college experience!



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MEET THE TEAM

Student Affairs Office



Filitsa Arvaniti Student Affairs & Career Office Manager

Contact Details: Tel: 211 9558 170 e-mail: farvaniti@nyc.gr, studentsaffairs@nyc.gr



Antonis Kontorousis Students Affairs & Career Office Consultant

Contact Details: Tel: 210 32 25 961 e-mail: akontorousis@nyc.gr, careeroffice@nyc.gr



"The Editors" College Hub

In "The Editors" College Hub, we aim to empower students to become skilled communicators, critical thinkers, and well-rounded individuals, well-prepared for their academic journey and beyond.

Mission: "The Editors" College Hub is dedicated to crafting engaging and informative articles for the student newsletter. Our primary mission is to provide a platform for aspiring writers and editors to hone their skills, share valuable insights, and create content that enriches the college community.

Purpose: Our club's purpose extends beyond the mere act of writing. We aim to foster a community of writers who are passionate about storytelling and committed to journalistic integrity. By collaborating on the student newsletter, members will gain hands-on experience in journalism and editorial work. This experience will not only enhance their writing abilities but will also help them develop essential academic and professional skills such as:

- 1. **Research Skills:** Members will learn how to gather and evaluate information effectively, which is invaluable for academic research and critical thinking.
- 2. Writing Proficiency: Through regular practice and feedback, our members will refine their writing style, grammar, and the art of communication.
- 3. **Critical Thinking:** Creating well-informed, thought-provoking articles will encourage critical thinking and the ability to present complex ideas clearly.
- 4. **Time Management:** Members will enhance their ability to manage their time efficiently a crucial skill of academic life which will help them meet their deadlines for publications and assignment submissions.
- 5. **Collaboration:** Teamwork is at the core of our club, as members will collaborate on every article. This fosters collaboration skills, essential for group projects and future careers.
- 6. Editing and Proofreading: Members will gain expertise in the editorial process, they will improve their ability to review and refine their academic work.

Editors are kindly requested to submit their preferred subject articles to <u>farvaniti@nyc.gr</u>. The newsletter will be published on December 01.

Proposed Subjects and Tips:

To achieve our mission and enhance our academic skills, we propose a range of subjects for our articles, including:

- Academic Success: Tips for time management, study strategies, and exam preparation.
- Campus Events: Coverage of campus activities, lectures, and cultural events.
- Student Life: Profiles of students and their achievements, interviews, and advice columns.
- Academic Resources: Exploring the college's libraries, writing centers, and academic support.
- Campus Issues: Thoughtful analysis of issues affecting the college community.
- Career Development: Insights into internships, job opportunities, and career readiness.
- Academic Tips: How-to guides on research, writing, and presenting.
- Faculty Spotlights: Interviews with professors and their research or teaching methods.



STUDENT CLUBS & ACTIVITIES 2023-2024



"The Digitellers" College Hub

"The Digitellers" College Hub aims to equip students with valuable skills, turning them into skilled communicators and digital marketers who can positively represent the college while enriching their academic and professional journey.

Mission: "The Digitellers" College Club is on a mission to empower students to become ambassadors of our college through engaging and informative content on our social media channels. We strive to enhance our college's online presence and create a sense of community, all while showcasing the talents and achievements of our students.

Purpose: Our club's purpose extends beyond just posting content on social media. We aim to foster a community of digital storytellers who are not only skilled in creating captivating online content but also committed to upholding the college's values and image. By becoming "Digitellers," members will gain hands-on experience in digital marketing, content creation, and social media management. This experience will not only enhance their digital skills but also help them develop essential academic and professional skills such as:

- 1. **Communication Skills:** Members will learn how to effectively convey messages, ideas, and information through various online platforms, which is crucial for academic presentations and networking.
- 2. **Creativity:** Crafting engaging content for social media videos, reels, and TikToks encourages creative thinking, a valuable skill in problem-solving and project development.
- 3. **Digital Literacy:** As ambassadors of the college online, members will improve their understanding of digital tools, analytics, and trends, skills that are increasingly important in today's digital world.
- 4. **Project Management:** Planning and executing content schedules and campaigns for social media will develop project management skills and organization.
- 5. Data Analysis: Understanding the impact of social media content through analytics and insights can enhance members' ability to interpret and use data effectively, which is valuable in academic research and decision-making.
- 6. **Teamwork:** Collaboration with fellow Digitellers on content creation and campaigns fosters teamwork and the ability to work effectively in group projects.

Digitellers are kindly requested to submit their videos, reels and/or photos via whatsapp or viber at 6932615652 (Filitsa Arvaniti).

Proposed Subjects and Tips: To achieve our mission and create engaging content, we propose a variety of subjects for social media videos, reels, and TikToks, including:

- **Campus Life:** Showcase daily life on campus, including student activities, events, and campus facilities.
- Student Stories: Share student success stories, interviews, and profiles to highlight their achievements and experiences.
- Academic Tips: Create short educational videos with study hacks, time management advice, and exam preparation tips.
- **Behind-the-Scenes:** Provide a sneak peek into the college's operations, from faculty interviews to event preparations.
- **College Events:** Promote and document college events, workshops, lectures, and cultural activities.
- ens, t kshops, urs of the campus, showcasing its heauty and facilities
- **Campus Tours:** Offer virtual tours of the campus, showcasing its beauty and facilities.
- College Traditions: Explore and celebrate the college's unique traditions and history.
- **Challenges and Trends:** Participate in popular social media challenges and trends while connecting them to college life.



"The Volunteers" College Hub

Our club aims to not only impact the world positively but also to equip members with a rich set of skills and experiences that will aid them in their academic and professional journeys, while promoting a lifelong commitment to social and environmental causes.

Mission: "The Volunteers" College Club is dedicated to making a positive impact on social, philanthropic, and environmental matters through active student participation. Our mission is to inspire and mobilize students to become agents of change, contributing to the betterment of our community and the environment.

Purpose: Our club's purpose extends beyond volunteering; it encompasses a commitment to creating responsible, empathetic, and environmentally conscious individuals. By participating in volunteering activities related to social causes, philanthropy, climate change and sustainable development, members will gain practical experience, life skills, and academic enrichment. This experience will not only help them contribute to a better world but also develop essential academic and professional skills, such as:

- 1. **Communication and Interpersonal Skills:** Engaging with diverse communities and organizations hones members' communication, teamwork, and interpersonal skills, essential for academic group projects and networking.
- 2. **Critical Thinking:** Analyzing the root causes of social and environmental issues fosters critical thinking and the ability to formulate well-informed arguments, valuable for research and problem-solving.
- 3. Leadership and Decision-Making: Taking initiative in volunteering projects nurtures leadership skills and the ability to make informed decisions, important in both academic and professional settings.
- 4. **Time Management:** Balancing volunteer commitments with academics improves time management skills, enhancing academic performance and productivity.
- 5. **Research and Data Analysis:** Researching issues related to social, philanthropic, and environmental concerns encourages members to develop strong research and data analysis skills, applicable to academic research and policy development.
- 6. Adaptability and Resilience: Facing real-world challenges and uncertainties during volunteering projects cultivates adaptability and resilience, qualities valuable in academic and professional life.
- 7. **Civic Engagement:** Encouraging civic responsibility through volunteering can inspire active participation in social and political matters, which is significant for informed citizenship and academic exploration.
- 8. Empathy and Social Awareness: Experiencing diverse social contexts enhances empathy and social awareness, promoting a broader perspective in academic discussions and relationships.

Volunteer Opportunities:

To achieve our mission and make a meaningful impact, we propose a variety of volunteer opportunities, including:

- Community Service: Volunteering at local organizations, shelters, and food banks.
- Philanthropic Initiatives: Fundraising and supporting charitable organizations and causes.
- Environmental Action: Participating in climate change awareness campaigns, clean-up events, and conservation efforts.



STUDENT CLUBS & ACTIVITIES 2023-2024

STUDENT CLUBS & HUBS "The Walkers" College Hub



"The Walkers" College Hub encourages students to be curious, inquisitive, and appreciative of the world's wonders. Our club aims to not only provide memorable experiences but also to equip members with valuable academic and life skills that will serve them in their academic journey and beyond. We invite all to join us in exploring, learning, and appreciating the beauty of the world.

Mission: "The Walkers" College Hub is all about embracing exploration, curiosity, and the great outdoors. Our mission is to provide students with opportunities to visit museums, embark on nature walks, and participate in enriching trips. We aim to foster a sense of wonder, cultivate a deeper understanding of our world, and create lasting memories through educational adventures.

Purpose: Our club's purpose extends beyond leisurely strolls and museum visits; it encompasses a commitment to holistic education. By engaging in these activities, members will gain experiences that enrich their lives, enhance their academic growth, and contribute to their overall development. These experiences will not only help them appreciate the world around them but will also enable them to essential academic and personal skills, including:

- 1. Critical Observation: Museum visits and nature walks encourage members to become keen observers, honing their analytical and critical thinking skills, which are valuable in academic research and analysis.
- 2. **Cultural Appreciation:** Visits to museums and historical sites promote an understanding of diverse cultures, fostering a global perspective beneficial in academic discussions and international relations.
- 3. **Teamwork:** Group trips and nature walks promote teamwork and collaboration, essential skills for academic group projects and future professional settings.
- 4. **Communication Skills:** Sharing experiences and insights from trips and walks enhances members' ability to communicate effectively, important in both academic and personal relationships.
- 5. **Research:** Preparing for museum visits and nature walks involves research, which refines members' research skills, beneficial for academic assignments and investigative projects.
- 6. Environmental Awareness: Connecting with nature during walks cultivates environmental awareness and a sense of responsibility, which is significant for addressing ecological challenges and participating in environmental research.
- 7. **Memory and Experience:** Engaging in these activities creates memorable experiences that can enrich personal anecdotes and storytelling, enhancing oral and written communication skills.

Activities:

To achieve our mission and provide enriching experiences, we propose various activities, including:

- Museum Visits: Exploring art, history, science, and cultural museums to appreciate the richness of human knowledge and creativity.
- **Nature Walks:** Venturing into the great outdoors to connect with nature, observe wildlife, and appreciate the beauty of the natural world.
- Educational Trips: Organizing educational trips to historical sites, natural landmarks, and places of academic interest to broaden knowledge and understanding.
- **Cultural Immersion:** Experiencing diverse cultures through visits to cultural festivals, exhibitions, and local communities.



STUDENT CLUBS & HUBS Psychology Club



The NYC Psychology Club is a place where you can meet new people and have meaningful and interesting discussions on topics related to psychology and wellbeing. The Club will also expand your academic skills (such as critical thinking skills) and can help you to develop a greater sense of belongingness and campus connectedness.

The psychology club is where meaningful and insightful discussion, debate and learning on new topics take place. The welcoming and amiable atmosphere contributes to making it the pleasant and fascinating experience it is. The members in each meeting are introduced to new psychology related topics of interest, or expand their knowledge on them, through the exchange of ideas, opinions, and experiences. Furthermore, the club meetings supply the students with the core values of communication, respect and understanding. Us, club members, enjoy being part of the club, as we have established friendships, gained insight on new topics, expanded our academic skills, and developed a more ardent sense of belongingness and campus connectedness.

Meeting and conversing with new people from various fields of studies, a range of ages, and diverse cultural backgrounds is a part of the experience. As such, occurs the formation of new friendships and bonds, and increased sociality. This exceptional community fosters enthralling discussions that seamlessly merge scientific rigor with personal insights, leading to the expansion of mind, horizons, and knowledge. Furthermore, through the process of being introduced to new concepts and having discussions on them, reinforces critical thinking, and expressive and brainstorming skills. Beyond encouraging meaningful social connections, the club provides invaluable information that greatly enhances and transforms academic performance and fosters strong camaraderie among its members.

Meetings: Each Friday afternoon 4-5pm in the Psychology Lab (A11, Amalias campus) to discuss a new topic, which is decided each week by the Club members.







Marketing Club

"The Marketing Hub" College Club aims to bridge the gap between theoretical knowledge and practical experience in marketing. By actively engaging in marketing activities and company visits, members will not only develop their marketing skills but also prepare themselves for the marketing challenges they may encounter in their academic and professional journeys.

Mission: "The Marketing Club" is dedicated to immersing students in the world of marketing through engaging activities and insightful company visits. Our mission is to provide students with opportunities to deepen their understanding of marketing procedures, enhance their practical marketing skills, and create a vibrant marketing community.

Purpose: Our club's purpose extends beyond theoretical knowledge; it encompasses a commitment to real-world marketing experiences. By participating in company visits, organizing marketing activities, and actively learning marketing procedures, members will gain practical insights and academic enrichment. This experience will not only help them become well-versed in marketing but will also allow them to develop essential academic and professional skills, such as:

- 1. Market Research: Engaging in marketing activities and company visits fosters research skills, which are invaluable in academic projects and market analysis.
- 2. **Teamwork:** Collaborating on marketing projects and activities promotes teamwork, a vital skill in group projects and future professional endeavors.
- 3. **Communication Skills:** Participating in marketing discussions and networking with professionals hones members' communication abilities, enhancing their academic presentations and interpersonal relationships.
- 4. **Strategic Thinking:** Planning and executing marketing activities encourage strategic thinking and problem-solving, skills applicable to academic challenges and business strategy.
- 5. Data Analysis: Analyzing marketing data and campaign effectiveness enhances data analysis skills, useful for academic research and decision-making.
- 6. **Event Management:** Organizing marketing events and activities provides event management skills, which are transferable to various academic and professional settings.

Activities and Subjects: To achieve our mission and provide enriching marketing experiences, we propose various activities and subjects, including:

- **Company Visits:** Organize visits to marketing agencies, companies, and startups to learn about their marketing strategies and practices.
- **Marketing Workshops:** Conduct workshops on topics like digital marketing, branding, market research, and social media marketing.
- Marketing Campaigns: Plan and execute marketing campaigns for college events, fundraising, or social awareness.
- **Guest Speaker Sessions:** Invite marketing professionals and experts to share insights and experiences with the members.



- **Case Studies:** Analyze real-world marketing case studies to understand different marketing challenges and solutions.
- Social Media Marketing: Explore social media trends, content creation, and influencer marketing strategies.
- Marketing Research: Engage in market research projects and analyze consumer behavior.
- Marketing Ethics: Discuss the ethical aspects of marketing and responsible marketing practices.

We invite all members to contribute their ideas and propose activities and subjects of interest to them. To facilitate communication and collaboration, we encourage all members to share their Instagram account details via email at <u>farvaniti@nyc.gr</u> so we can create a group chat for efficient communication.



Business Club

A popular and active Club at New York College – open for all NYC students - that aims to develop admirable initiatives within its scope of activities and offers benefits to its members in terms of knowledge, experience, hard and soft skills and socializing opportunities: participating in Business related Competitions and Contests for College/University Students, Organising CSR & Social Events, and Publishing Business Articles and Reports.

Students have the opportunity to meet students from other Colleges/Universities, socialise and meet people with common interests, develop management / leadership skills, develop critical thinking / initiatives / creative skills, put theory into practice from into studies and add it as an extracurricular activity to their CV.

Club Leader: Ioannis Lavdiotis, Lecturer in Marketing

Join Now, send an email at studentaffairs@nyc.gr for more!





Coding Society

The Coding Society club, aims to involve students in several coding activities like "Pet" projects and exercises in various fields such as: Automation, Robotics, Internet of Things (IoT), 3D modelling and games, Mobile applications, etc.

Students take part in competitions (Google Hashcode), Hackathons, Startup events, Meetups, etc. Moreover, they are taught how to upload their portfolios on GitHub and collaborate with other students.

Finally, "Coding Summer" takes place every year for keeping students active with programming and real-world skills.

Please contact Mr. George Prokopakis, coordinator of the club via Teams at <u>gprok@nyc.gr</u> for a short introduction and how you can participate.

Meanwhile, you can get an idea of our activities using the links below: Facebook group: <u>https://www.facebook.com/groups/nyc.cg</u> Discord Group: <u>https://discord.gg/vQ3nvTwtBA</u>





International Relations Club

Welcome to the International Relations Club, where the world is our classroom, and knowledge is the key to understanding the complexities of global affairs. Our motto, "Status quo post-bellum," reflects our commitment to shaping the post-conflict landscape through informed dialogue and critical thinking.

Mission: The mission of the International Relations Club is to provide a dynamic platform for students interested in International Relations and related fields to engage in meaningful discussions, exchange ideas, and expand their knowledge. We aim to foster an environment conducive to intellectual growth, allowing members to become better-informed global citizens.

Purpose: The purpose of the International Relations Club is multifaceted. We aspire to cultivate individuals by granting them access to in-depth knowledge on international affairs. Simultaneously, the club aims to develop and expand critical academic skills, including:

- 1. **Critical Thinking:** Our pursuit of uncovering the truth behind international events encourages critical thinking. Mature dialogues among members play a pivotal role in achieving this objective.
- 2. **Teamwork and Empathy:** Emphasizing the importance of teamwork and empathy, the club introduces members to crucial interpersonal skills. Through dialogue, thought experiments, and projects, members learn to cooperate and understand the motives, situations, crises, and events shaping our world.
- 3. **Effective and Analytical Research:** Members will transition from monotonous research methods to a multidimensional approach, equipping them with valuable tools for their academic and professional journeys.

Proposed Subjects and Tips: To facilitate our mission, we propose various subjects for discussion and provide tips to enhance engagement:

- 1. **Geopolitical Hotspots:** Analyzing current geopolitical hotspots fosters a deeper understanding of global dynamics.
- 2. **Conflict Resolution:** Exploring strategies for conflict resolution and peacebuilding promotes critical thinking and problem-solving skills.
- 3. **International Organizations:** Discussing the roles and functions of international organizations enhances knowledge of global governance.
- 4. Human Rights and Humanitarian Issues: Delving into human rights and humanitarian concerns develops empathy and a sense of global responsibility.
- 5. International Economics: Understanding the economic aspects of global relations provides a holistic perspective.



Activities: The International Relations Club will organize a range of activities to enrich the members' experience, including:

- **Embassy Visits:** Engage with professionals directly involved in international relations, gaining firsthand insights into diplomatic activities.
- **Government and NGO Building Visits:** Observe decision-making processes by visiting the Hellenic Parliament during sessions, government ministries, and NGO headquarters.
- **Debates:** Conduction of debates on pressing global issues to stimulate dialogue and enhance critical thinking skills.
- **Guest Speakers:** Invite experts such as geopolitical analysts, diplomats, politicians, and professors to share their experiences and insights.
- **Conduction of case studies:** By analyzing and understanding real-world phenomena and events, the members will be better equipped to face future challenges.

We invite all members to actively participate, propose activities, and contribute to the vibrant intellectual community that is "The International Relations Club." Together, we will explore, learn, and become informed global citizens.

Join Now, send an email at our Student Representative- Georgios Lakasas glakasas@nyc.gr for more!

STUDENT CLUBS & ACTIVITIES 2023-2024



Student Union

The Student Union is the representative body of NYC students across all departments and programmes. Elections take place once per year and the students vote those that best represent them.

The main goal of the Student Union is to enhance college life and act as a bridge between the NYC administration & faculty and the students. Under the umbrella of the Student Union, the students organise various events such as: parties, cultural visits & activities, excursions etc.

BOARD MEMBERS: President, Vice President, Secretary, Treasurer, Public Relations Officer **QUALIFICATIONS FOR CANDIDATES:** Junior Freshman through undergraduate status; Good academic standing.

Kindly send your CV, one passport photo of yours and the 1 letters of recommendation from 1 member of the faculty at <u>studentaffairs@nyc.gr</u> until 16/12/2023.

ELECTIONS DATE: December 20, 2023, online via google forms



CAREER OFFICE



The mission of the NYC Career Office is to provide students and graduates with the guidance and resources that can help you plan your future career in an increasingly competitive job market. The NYC Career Office provides direction, support and counselling to all students and alumni who aim at starting their career or move ahead in their workplace, or continue their studies at a higher level, locally and abroad.

The **NYC Career Office Services** have been designed to increase students' and graduates' employability by offering them a comprehensive menu of support services including, but not limited to the following:

Personal Coaching in matters of Employment and Career Management

As a student and graduate of New York College you have access to a vast array of information sources including job openings, job market trends and statistics, lifelong learning opportunities and internships. You may benefit from one-to-one meetings with designated staff who will help you identify and develop your transferrable skills and career management techniques. You will also receive guidance on how to develop your innovative ideas into business opportunities.

Curriculum, Cover Letter and Interview Skills Workshops

The NYC Career Office organizes individual and group workshops on how you can put together a competitive resume and an introductory letter so that you secure your first interviews. The workshops will guide you through the process of creating a resume and cover letter that highlights your relevant skills and effectively tailors your experiences to meet employer's needs. Moreover, you will have an extensive practical experience on interview techniques.

Career-Oriented Lectures & Seminars

During the academic year, the NYC Career Office organizes lectures and seminars for students and graduates. Professionals from various backgrounds offer lectures and conduct seminars for students in order to channel relevant information from their long experience. In this way, you have the opportunity to get an insight into different careers.

Annual Career Fair

One of the major events organized by the Career Office is the annual Career Fair. Major companies from Greece and abroad are represented in the Career Fair, in order to interview students and alumni on campus with the prospect of cooperation with them. Our statistics show that the majority of the Career Fair participants eventually end up working in a company by which they were interviewed.

• Links with the Employers

As a New York College student or graduate you benefit from networking opportunities with other alumni as well as from the extensive links we maintain with companies locally and internationally. You are strongly encouraged to establish your contact with the Career Office from day one at New York College and enjoy the wealth of employability services we have to offer to you.

For more information contact careeroffice@nyc.gr



SPORTS ACTIVITIES



The NYC Athletics department in collaboration with a number of athletic centers in Athens, promotes an extensive program of competitive and recreational sport activities ranging from basketball and soccer to tennis and fencing.

New York College is in cooperation with the National Gymnastics Club, 300 m. away from the headquarters of New York College Athens Campus.

A great emphasis is placed on team spirit and participation of all students. Scheduled classes are taught by professional coaches and trainers, and are open to all levels of ability. Furthermore, NYC supports sports teams which participate in collegiate local and national championships in which NYC teams have an excellent tradition of success.

Join the NYC sports for the academic year of 2023-2024: Basketball, Track and field, Soccer, Swimming

For more information contact studentaffairs@nyc.gr



SERVICES



Writing Center

The aim of the Writing Center is to support undergraduate and postgraduate students at all stages of research and writing. Students are encouraged to submit their academic assignments and oral presentations at abougia@nyc.gr in order to receive feedback.

Alternatively, they can schedule a one-on-one session with Dr. Anna Bougia. The Writing Center organizes a variety of workshops and seminars on the use of electronic libraries and academic services provided by New York College and the Associated Universities.



Counseling

The NYC Student Counseling Service supports the psychological and emotional wellbeing of NYC students by providing supportive counseling sessions which adhere to strict standards of confidentiality. Counseling is an opportunity to talk with a mental health professional regarding issues such as self-esteem, relationships, wellbeing and personal growth, or to work on concerns linked with academic progress such as confidence, motivation, time management and concentration. A short course of individual counselling is available for free to all students enrolled on NYC programs. Sessions take place weekly and last 50 minutes. The Student Counseling Service is available on a variety of different times and days, at the Kallithea campus. The service team is composed of two psychologists and a mental health counsellor. The Head of the Counselling Service is Psychologist Dr Antonia Svensson, Associate Dean and Head of the Psychology Department. Students can request an appointment via a phone call to the counselling service manager Dr Antonia Svensson (Tel.: 210 3225961-2), or via email: counseling@nyc.gr



Nutrition and Healthy Eating Service

New York College offers a free Nutrition and Healthy Eating Service to all students, at Kallithea Campus.

Whether it's for weight loss, weight gain or simply to improve your eating habits, the Nutrition and Healthy Eating Service can help you with personalized meal plans and advice.

You can schedule an appointment by emailing <u>nutrition@nyc.gr</u>. Mr. Konstantinos Chardavellas, Head of Biomedical Sciences and Nutrition Department.

STUDENT CLUBS & ACTIVITIES 2023-2024



LANGUAGES CENTER



Foreign Language courses

New York College recognizes the value of language learning and encourages students and graduates to enroll in the Foreign Language courses offered free of charge throughout the academic year.

The languages offered in the current academic semester are Spanish, French and German. The choice of languages is based on the expression of interest from the students. Also, you can apply for IELTS, ECCE and ECPE exam preparation courses.

For more information on the course schedule, you can contact Dr. Anna Bougia at abougia@nyc.gr

NEW YORK LANGUAGES Schedule Fall 2023/24

Language course	Date	Time	Class	Instructor
Academic Writing	Monday	18:15-20:15	online	Mistrioti
ECCE	Saturday	10:00-12:00	online	Mistrioti
ECPE	Saturday	12:00-14:00	online	Mistrioti
Intensive English (A1-B1)	Monday	18:00-20:00	Kallithea	Binou
SPANISH A1	Thursday	19:00-20:30	online	Giannopoulos
SPANISH A1	Monday	19:00-20:30	online	Gianopoulos
SPANISH B1	Thursday	20:30-22:00	online	Giannopoulos
FRENCH A1	Wednesday	18:00-19:30	online	Binou
GERMAN A1	Saturday	18:00-19:30	online	Pegkas

STUDENTS' LOUNGE NYC Athens Campus



The NYC Athens Campus Student Lounge is a vibrant and welcoming space designed to cater to the diverse needs and preferences of our students. Nestled within the heart of our Athens campus, this lounge provides a dynamic hub for relaxation, socializing, and entertainment.

As you step into the lounge, you'll be immediately drawn to the focal point of the room: a state-of-the-art smart TV. With its impressive size and high-definition display, this TV serves as the centerpiece for various events and activities. Whether it's catching up on the latest news, tuning into your favorite sports game, or streaming movies with friends, the lounge's smart TV ensures an immersive and enjoyable viewing experience.

For those who prefer a more interactive and productive environment, the lounge also features a row of sleek and modern PCs. Equipped with high-speed internet access, our computers are ideal for research, completing assignments, or staying connected with the digital world.

But the NYC Athens Campus Student Lounge is not all work and no play. Comfortable and inviting, the lounge boasts a collection of plush couches and seating areas that encourage relaxation and social interaction. These cozy spaces are perfect for unwinding between classes, engaging in lively discussions with fellow students, or simply enjoying a quiet moment to yourself.

To further enhance the lounge's atmosphere, soft ambient lighting, soothing colors, and contemporary decor create a harmonious blend of comfort and aesthetics.



LIBRARY NYC Pythagoras Hall



The NYC Library holds a growing number of resources directly related to all NYC educational programs. Students have also access to the on-line libraries of the partner Universities, through accounts provided upon registration.

The NYC Athens Library is situated at Pythagoras Hall (Kallithea building), offering students daily access. The collection includes print materials in all study fields, and electronic resources from the e-Library of the partner Universities. The collection is arranged by subject and is open for browsing and borrowing.

There are study spaces for both individual or group studying, as well as, PCs with access to Internet, printing, scanning and phtocopying facilities. An access catalogue allows students to search for books and check what can be borrowed and what is on reserve.

The Librarian will advise you on the best book or journal for your subject matter, advise you on the best ways of searching effectively and provide you with a list of other libraries in your city.

Contact info: Tel.: 210-4838071 & by email at: librarynycath@nyc.gr





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CONTACT

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