

Programme Director Dr. Nancy Mallerou

Dr. Nancy Mallerou is a highly experienced Coach, founder of Life Clinic Group and one of the pioneers of Coaching in Greece. Through her seminars, speeches, articles and books she has positively influenced the lives of thousands of people. She has the paternity of the term "Esocentrism©" which is the basis of her approach. The term "Esocentrism©", which she introduced in her speech at TEDx in 2019 and which is the basis of her approach in her personal and professional life and underpins her coaching methodology. The Women Economic Forum honoured her with the "Iconic Women Creating a Better World for All" award (March 2020, Cairo). She is the author of the books "Competitors, work together!" ed. Sideris 2006, "Better Things are Made" ed. Fereniki 2009 & "Esocentrism" ed. "The field 2022. She has a BA in French Literature, a Master in Business Administration and a PhD in collaborative strategies. She has a degree in Coaching from CoachU and has attended Life Style Management seminars from Harvard Medical School-Dept. of Continuous Education. She has 14 years of experience in the very demanding work environments of multinational companies as a Communication Executive and has taught Marketing and Communication at Panteion University for more than a decade. She has participated as a guest speaker in many scientific conferences and University Programs and has worked with many Fortune 500 companies, NGOs, startups and important personalities in business, politics and sports. She is an ambassador of Women Act and a founding member and former President of the Greek chapter of the International Coach Federation.

Dimitris Bourantas

Dr. Dimitris Bourantas is Dean and Director of the Executive MBA at New York College and former Professor of Management, Director of the Executive MBA and the MSc in Human Resource Management at the Athens University of Economics and Business (AUEB). He has published a large number of articles for the most prestigious international journals. He has authored 10 books, many of which have become bestsellers. He has many years of professional experience having worked as an executive, consultant and trainer for Greek and international organizations and for a large number of Greek and multinational companies. Dimitris Bourantas specializes in leadership and team development, change management, corporate culture management and strategic alignment of businesses and organizations.

Nancy Papalexandri

Nancy Papalexandri is Professor Emeritus of Human Resources Management at the Athens University of Economics and Business (AUEB). She was Vice Rector for Academic Affairs and Personnel (2001-2007) and representative of the Greek Rectors' Meeting in the Association of European Universities. She has founded and directed the Postgraduate Programme in Human Resources Management (2002-2011), where she continues to be active as an Academic Advisor. She studied Business Administration and received a Master's degree from New York University and a PhD from Bath University. She has taught at Undergraduate and Postgraduate Programs of AUEB, the University of Cyprus and the Hellenic International University, and as a Visiting Professor at universities abroad. She is the author of books and articles in international journals, participates in international studies on comparative HRM, Organizational Culture and Leadership, and has organized a number of international conferences. She is President of the Hellenic Society of Women University Students (EL.E.G.Y.P.).

Xenia Kourtoglou, MSc

An entrepreneur, a Market Research Specialist, with 35+ years of experience in human/consumer behavior studies and business consultancy. A passionate mentor with a sharp business

perspective and a deep human understanding, Xenia has recently launched her personal brand as a Resilience Expert in life and business. Xenia has been a regular lector at Panteion University for 14 years, a guest lector at various BA and MSc. University classes, and a popular speaker in local and international conferences regarding the evolution of the Greek economy, business community and society.

Xenia's first book on personal development was launched by Dioptra Publications in 2018, titled "The Best Opportunity is Now", becoming a bestseller in its field within the first two months of its launch. Currently, you can find Xenia at her podcast in Athens Voice, launching a new episode every Friday, and a one-minute "daily inspiration" at radio Galaxy 92.0 FM at 10 am and 5 pm on all weekdays.

An evangelist of Customer Experience as the main mission of every business, Xenia's vision is a society with more happy, creative and accountable people, and an authentically human and planet centric business community.

Drossia Kardasi

Drossia Kardasi is an experienced executive with a long career in the insurance services industry. She began her career in Sales & Marketing and has taken on various roles, thus enhancing her professional journey both in Greece and abroad. Today, she leads the Human Resources team at Interamerican and is a member of the Executive Committee, making sure that Human Resources issues are at the top of the strategic agenda.

Over the past years, she has led various initiatives related to the organizational transformation of the company and the introduction of new ways of working (agile, lean, design thinking), while also ensuring the creation of a work environment characterized by fair treatment, effective communication, continuous feedback, personal accountability, trust, and mutual respect.

Her education, including postgraduate studies and programs at distinguished institutions such as ALBA Business School, INSEAD Business School, and Edinburgh Business School, is evidence of her continuous commitment to personal and professional development.

PETROS CHANIS

Petros Chanis is the Head of Shopper & Customer Marketing and member of the Leadership Team for Beiersdorf in Greece.

He has 20+ years of professional experience in Managerial positions in Sales within FMCG sector, in Beiersdorf Hellas & Unilever Hellas in roles such as Key Account Manager & Area Manager for all sales channels, as well as in Customer Marketing & Category Manager roles for various categories in Cosmetics, Food & Ice Cream.

He is an elected Board Member in the Sales Institute of Greece and a Certified Coach & Mental Health Counsellor, member of both the Greek & European Association of Counselling.

He studied Business Administration in Athens University of Economics & Business and holds an International MBA from Athens University of Economics & Business as well an MSc in Leadership from the American College of Greece.

Eleni Kostakou

Eleni Kostakou is a certified self-awareness and leadership coach with a mission to inspire leaders to maximize their potential and cultivate their unlimited possibilities. With a Bachelor's degree in Philosophy-Psychology & Pedagogy from the National & Kapodistrian University of Athens, she began her career as a personal development consultant specializing in women's empowerment and domestic violence. Transitioning to training roles in Psychology and professional ethics, she later became a freelance consultant for companies.. Her passion for the corporate environment led her to earn a Master's in Human Resources Management from the Athens University of Economics and Business. Eleni then served as a career coach at Orientum-Career Management Consultants before joining Leroy Merlin Greece & Cyprus, where she advanced to Senior Leader in People Development and Culture. After four years, she transitioned into the role of an internal coach.

Certified in Solution Focused Coaching ,Life & Executive Coaching and as a facilitator by HAPPY COMPANY in France, she conducts coaching sessions and designs leadership coaching programs. She also contributes to significant change management initiatives and develops wellness strategies for the Human Resources departments of small, medium-sized, and multinational companies. Committed to continuous personal development, she has pursued programs in Clinical Counseling, Mindfulness, Phototherapy, and the Science of Wellbeing. Recently, she has been designing and implementing city retreats for HR executives that combine mindfulness, stress management, phototherapy, and coaching for personal goal setting and empowerment. Eleni's core belief is that everyone can achieve the life they dream of by exploring and potentially redesigning their personal reality map.

Christiana Giannioti

Christiana Giannioti brings over 12 years of diverse experience in the insurance industry, having worked in Interamerican in various roles and teams such as operations handler, underwriter, product developer, innovation coach, trainer and agile coach. Her journey has now led her to the team of Human Resources, where she continues to grow as an HR professional. She has extended expertise in setting up teams and working frameworks, coaching teams and individuals to support them in achieving their goals. She has participated in most of the big organizational change projects in Interamerican.

Christiana studied in the Athens University of Economics and Business and holds a Bachelor's degree in Management Science and Technology and a Master's degree in Applied Economics and Finance. With a strong academic background and solid experience in the business world, she is passionate about exploring new challenges and driving personal and organizational growth.

Constantina Sardini

Constantina Sardini is a Business/Human Resources Consultant and experienced professional in staff recruitment, business training and development and leadership coaching. After the completion of her studies with distinction in USA - BA in Communication and MA in Corporate Communication & Leadership, she combined an academic and business career as a consultant and a professor in the area of Corporate Communication, Human Resources and Leadership Training.

Her business experience for over the last 20 years, concerns the development of various Human Resources services: Job Description Planning, Interview Procedures, Employee Onboarding and Induction, Personnel Evaluation, Training and Continuous Career Development Plan, Employee Branding & Engagement Activities, as well as presentation of seminars & workshops in the fields of Communication, Sales, Teamwork, Leadership, Presentational Skills, Train the Trainer, Design Thinking & Goal Mapping (Some of the Clients: Bayer, Novartis, Perrigo/Omega Pharma, Eurobank,

Coca Cola, Coffee Island, Creta Farms, Knauf, Interamerican, AXA, Liapharm, Holmes Place, Dynagas, UMAR, Gaslog, Prevention at Sea, Cosmote, New York College, University of Cyprus, etc.)